



**ANTIGUA SAILING WEEK ('ASW')
MINIMUM SAFETY RULES**

The following is a list of Antigua Sailing Week's MINIMUM Safety Rules. These Rules are intended as minimum standards and shall not supersede or modify any of the World Sailing Racing Rules of Sailing, class rules or other requirements as set forth in the Notice of Race or Sailing Instructions. It is further recommended that participants utilize either World Sailing Offshore Special Regulations or US Sailing Safety Equipment Requirements.

Boats must meet the ASW Minimum Safety Rules at all times during racing in Antigua Sailing Week, the Peters & May Round Antigua Race and the Guadeloupe to Antigua Race. All equipment specified in these Rules must be in date, in workable condition and suitable for the purpose for which it is to be used. These Rules shall not be grounds for protest except by the Race Committee or International Jury.

Required equipment includes:

1. Softwood plugs or other suitable materials, tapered and in sufficient quantity to fit all thru hull fittings and apertures.
2. Lifelines and bow and stern pulpits, or lifelines secured in such a way as to form a stern pulpit of not less than 18" in height, except lifelines may be split at the bow to facilitate sheeting. Lifelines shall be taut with not more than seven feet between supports, taut being defined as no apparent sag between supports. Lifelines shall be attached securely and in such a way that no part of the system is elastic in nature.
3. With regard to hiking and positioning of crew on the rail, your attention is drawn to the requirements of RRS 49.2.
4. The following boats are not required to comply with Rule #2:
 - a. boats under 8 metres in length designed without lifelines;
 - b. boats designed without lifelines but having sufficient bulwarks or other structures to help prevent a man overboard;
 - c. boats applying for and receiving in writing an exemption from the requirements of Rule #2 from the Race Committee prior to racing.



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5. For boats with onboard electrics or flammable fuels, a fire extinguisher charged and in date and readily accessible.
6. Two buckets of not less than two gallons' capacity each, fitted with lanyards of suitable strength and length.
7. One anchor with chain of suitable size for the boat's length and displacement with suitable anchor and rode of a least 150 feet in length. **No part of an anchor shall overhang any part the boat while racing.**
8. A first aid kit suitable for rendering first aid treatment in minor emergencies.
9. Charts covering the area to be raced.
10. Lifejackets meeting the requirements of marine authorities recognized by ASW for each person on board with a whistle attached. Lifejackets shall be of suitable size for the intended wearer and be readily accessible.
11. One life ring or Lifesling capable of supporting the largest member of the crew in the water and positioned above deck such that it is immediately available for use in an emergency.
12. A heaving line at least 50 feet in length, capable of floating and positioned above deck such that it is immediately available for use in an emergency.
13. Three red hand flares and two orange smoke flares.
14. VHF radio capable of transmitting and receiving on the emergency and Race Committee channels.
15. A compass suitable for navigation.
16. A shut off valve in working order shall be fitted to each fuel tank.
17. Hatches, companionways and ports shall be capable of being substantially watertight while racing.
18. Cockpits must be self-bailing and fitted with adequate drains.
19. Sufficient drinking water shall be carried on board so that at the finish of the race there remains at least one pint per person.